# **MEDICINES CONTROL COUNCIL**





## **MEDICINE DONATIONS TO SOUTH AFRICA**

This document has been prepared to serve as a recommendation to applicants wishing to submit applications for the donation of medicines. It is not intended as an exclusive approach. Council reserves the right to request for any additional information to establish the safety, quality and efficacy of a medicine and may make amendments in keeping with the knowledge which is current at the time of consideration of data accompanying applications for the donation of medicines. The MCC is committed to ensure that all medicines available that are donated will be of the required quality, safety and efficacy. It is important for applicants to adhere to the administrative requirements to avoid delays in the processing of applications.

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### REGISTRAR OF MEDICINES MS M HELA

#### Medicine donations to South Africa

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#### 1 INTRODUCTION

These guidelines aim to improve the quality of donations, not to hinder them. They are intended to serve as a base for national guidelines, to be reviewed, adapted and implemented by the government and organizations dealing with drug donations.

There are many different scenarios for medicines' donations. They may take place in acute emergencies or as part of development aid in non-emergency situations. They may be incorporate donations (i.e. direct or through private voluntary organisations), aid by governments, or donations aimed directly at single health facilities. Therefore, these guidelines aim to describe this common core of "Good Donations Practice."

Four core principles interlay the guidelines:

- 1. A medicine donation should benefit the recipient to the maximum extent possible.
- 2. A donation should be given with full respect for the wishes and authority of the recipient and is supportive of existing government policies and administrative arrangements.
- 3. There should be no double standards in quality; if the quality of an item is unacceptable in the donor country, it is also unacceptable as a donation.
- 4. There should be effective communication between the donor and the recipient: donations should be based on an expressed need and should not be sent unannounced.

#### 2 BACKGROUND

Over the last three or four decades in particular, there has been an enormous increase in our scientific knowledge about the mode of action, effects, and side effects of medicines. Medicines are not automatically beneficial, that they have to be used carefully and appropriately, and that some can do more harm than good, as a result a more cautious and critical attitude towards medicines has been developed.

Subsequently, South African government or/and the Department of Health in particular recognises the need of appropriate curative services; hence it has developed an essential drug list based on the health needs of the majority of the population and used as a foundation for medicine donations.

It suffices to say that the goal of the National Drug Policy is to ensure an adequate and reliable supply of safe, cost effective medicines of acceptable quality to all the citizens of South Africa and the national use of medicines by prescribers, dispensers and consumers.

#### 3 THE LEGAL SITUATION

In the Medicines and Related Substances Act, 1965 (Act 101 of 1965), South Africa, has sophisticated legislation, which prohibits the use, sale, or supply of any medicine unless it has been evaluated in terms of its safety, quality and efficacy and has thereafter been registered.

Section 21 of the legislation does allow the Medicines Control Council to permit the use of unregistered medicines (which is what donated medicines are) subject to such conditions as the Council may determine. As a consequence no donated medicines may be used unless the Council has specifically authorized its use.

Application for the donation of medicine must be made to the Registrar of Medicines.

In submitting an application the following information must be supplied:

- name,
- expiry date,
- batch number,
- package,
- site of manufacture,
- package insert,

- quantity, intended for and local recipient. .

#### 4 SELECTION OF MEDICINES

4.1 All medicine donations should be based on the health needs and disease pattern of the Republic of South Africa. Medicines should not be sent without prior consent by the recipient.

The purpose of this guideline is to stress the point that it is the prime responsibility of the recipient to specify their needs. It is intended to prevent unsolicited donations, and donations which arrive unannounced and unwanted. It also empowers the recipients to refuse unwanted gifts.

- 4.2 Donated medicines should not be sent without prior consent of the Medicines Control Council.
- 4.3 Donated medicines must appear on the Essential Drug List and must be compatible with overall Government Policy. Exception may be made on recommendation by the Medicines Control Council (MCC).

It further intends to ensure that medicine donations comply with the South African National Drug Policy and essential drugs programme. It aims at maximizing the positive impact of the donation, and prevents the donation of medicines, which are unnecessary and/or unknown in the recipient country.

#### Possible exceptions

An exception could be made for medicines needed in sudden outbreaks of uncommon or newly emerging diseases, since such medicines may not be approved for use in South Africa. Exceptions could also be made on the basis of a specific request by the Government of South Africa.

4.4 The presentation, strength and formulation should be similar to those used in South Africa.

#### Quality assurance and shelf life

4.5 All donated medicines have to originate from a reliable source and comply with the acceptable standards and requirements in terms of quality standards, safety and efficacy, in both the donor country and South Africa.

All donated medicines must be accompanied by the relevant documentation that include

- a completed application form (6.14 Application for donation of medicine to South Africa available on MCC website mccza.com), and
- summarised medicine registration application in terms of Regulation 15 (MRF 1 PARTs 1A, 1C, 1D; PARTs 2C, 2D, 2E and PARTs 3B, 3G), and
- Registration certificate from the country of origin, and
- a WHO GMP Certificate.

All applications for donated medicines must be reviewed by the MCC (through the MCC fast track procedure) before they can be released for distribution.

Please note that after 1 January 2011 the MRF1 form is replaced by the ZA CTD and should be used.

The approval granted by the MCC for distribution will only be valid for a specific consignment applied for. (It should be re-iterated that the approval should NOT be regarded as a blanket approval for additional importation / distribution of the same product).

This provision prevents double standards: medicines of unacceptable quality in the donor country should not be donated to other countries. Donated medicines should be authorised for sale in the country of origin, and manufactured in accordance with acceptable standards of Good Manufacturing Practice (GMP) as prescribed by the MCC.

4.6 Medicines that had been issued to patients and then returned to a pharmacy or elsewhere, or were given to health professionals as free samples shall not be accepted as donated medicines.

In South Africa re-issue of returned medicines is not permitted because their quality cannot be guaranteed.

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For that reason returned medicines should not be donated. In addition to quality issues, returned medicines are very difficult to manage at receiving end because of broken packages and small quantities involved.

#### Quality assurance and shelf life continued

4.7 All donated medicines should have a remaining shelf life of at least 12 months after arrival in South Africa.

Due to logistical problems limiting immediate distribution through different storage levels (e.g. central store, provincial store, district hospital) may take six to nine months. This provision prevents the donation of medicines near their expiry date that could reach the patients after expiry.

#### Possible exceptions

Possible exceptions are those medicines that, because of their physical properties, are manufactured with a short shelf life of less than two years. Vaccines require stringent conditions during storage and distribution. They should only be donated in close collaboration with the Cluster: Pharmaceutical & Related Products Regulation & Management- Department of Health.

#### Presentation, Packing and Labelling

4.8 All donated medicines must be labelled in at least English, and the label should contain at least the International Non-proprietary Name (INN, or generic name), batch number, expiry date, dosage form, strength, name and address of the manufacturer, quantity and storage conditions.

All donated medicines, including those under brand name, should also be labelled with their International Non-proprietary Name. Training programmes in South Africa are based on the use of generic names. Receiving medicines under different and often unknown brand names and without the generic name can confuse health workers and constitutes a risk in therapeutic practice. In case of injections, the route of administration should be indicated.

4.9 Donated medicines should be presented in large quantity packaging units and hospital packs as used in South Africa.

Large quantity packs (e.g. containers of 1 000 tablets) are cheaper, and easier to transport. This provision prevents the donation of medicines in sample packages, which are not practical to manage.

4.10 Donated medicines must be packed in containers that comply with international shipping regulations and accompanied by a detailed packing list. Medicines should not be mixed with other supplies in the same carton. Transport conditions should be in accordance with the storage condition of the medicines.

This provision is intended to facilitate the administration, storage and distribution of donations in emergency situations, as the identification and management of unmarked boxes with mixed medicines is very time and labour intensive. This provision specifically discourages donations of small quantities of mixed medicines.

4.11 Different medicines should not be packed together in one carton and medicines should not be mixed with other supplies.

#### Information and Management

4.12 The government of South Africa through the Cluster: Pharmaceutical & Related Products Regulation & Management (Department of Health) should be informed of all medicine donations that are considered, prepared or actually under way.

Prior approval for the donation should be obtained from the Medicines Control Council via the office of the Registrar of Medicines to avoid unnecessary delays at the port of entry. The information should extend to delivery dates, possible delays, port of entry, method of transport, and information as required in ports.

Please note that the Cluster: Pharmaceutical & Related Products Regulation & Management (Department of Health) acts as the secretariat to the Medicines Control Council and will handle all documentation accordingly.

Detailed advance information on all medicine donations is essential to enable South Africa to plan for the receipt of the donation and to coordinate the donation with other sources of supply. The information

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should at least include: the type and quantities of donated medicines including their generic name, strength, dosage form, and the identity and contact address of the donor.

#### Information and Management continued

4.13 The declared value to South Africa of a medicine donation should be based upon the wholesale world market price for its generic equivalent.

This provision is needed in South Africa to prevent medicine donations being priced according to the retail price of the product in the donor country, which may lead to elevated overhead cost for import tax, clearance, and handling in South Africa. It may also result in a corresponding decrease in the public sector medicine budget in South Africa.

All costs of international and local transport, warehousing, port clearance, quality testing and appropriate storage and handling should be paid by the donor, unless specifically agreed otherwise with the South African Government in advance. Similarly, the cost of disposing of a medicine donation adjudged to be unsuitable should be borne by the donor.

These incidental costs can be quite prohibitive and erode the Cluster: Pharmaceutical & Related Products Regulation & Management (Department of Health) budget. On the other hand, if the donor makes the provisions for these costs, the benefits of the donation will be maximised.

#### 5 CONTACT DETAILS

The Registrar of Medicines Cluster: Pharmaceutical & Related Products Regulation & Management Directorate: Inspectorate & Law Enforcement Department of Health Private Bag X828 PRETORIA 0001 South Africa Telephone: +27(12) 395 8032 Fax: +27(12) 395 9201

#### 6 **REFERENCES**

The World Health Organisation: Guideline on Donated Medicines, 2002