

**WARNING:**

CO-ADMINISTRATION OF **NORVIR** WITH CERTAIN NON-SEDATING ANTIHISTAMINES, SEDATIVE HYPNOTICS, ANTI-DYSRHYTHMICS OR ERGOT ALKALOID PREPARATIONS MAY RESULT IN POTENTIALLY SERIOUS AND/OR LIFE-THREATENING ADVERSE EVENTS DUE TO POSSIBLE EFFECTS OF **NORVIR** ON THE HEPATIC METABOLISM OF THESE MEDICINES. SEE **CONTRAINDICATIONS AND WARNINGS AND SPECIAL PRECAUTIONS** SECTIONS.

**SCHEDULING STATUS**

Schedule 4

<b>PROPRIETARY NAME</b>	(and dosage form)
NORVIR SEC 100 mg	(Soft Elastic Capsule)
NORVIR 80 mg/mL	(Solution)
NORVIR 100 mg TABLET	(Tablet)
NORVIR® Oral Powder	(Powder for Oral Suspension)

**COMPOSITION**

**NORVIR SEC 100 mg:** Each soft gelatin capsule contains ritonavir 100 mg (SSSS enantiomer). Other ingredients include ethanol (12 % v/v), butylated hydroxytoluene

(antioxidant), oleic acid, polyoxyl 35 castor oil, water, gelatin, sorbitol, glycerin, titanium dioxide, medium chain triglycerides, lecithin and black ink.

Contains Sugar, Sorbitol.

**NORVIR 80 mg/ mL:** Each 1, 0 mL solution contains ritonavir 80 mg (SSSS enantiomer). Other ingredients include ethanol (43,2 % v/v), water, polyoxyl 35 castor oil, propylene glycol, citric acid, saccharin sodium, peppermint oil, creamy caramel flavouring and dye FD&C Yellow No. 6 (E110).

**NORVIR 100 mg Film-coated Tablet:** Each film-coated-tablet contains ritonavir 100 mg (SSSS enantiomer). Other ingredients include copovidone, sorbitan laurate, colloidal anhydrous silica, sodium stearyl fumarate, calcium hydrogen phosphate anhydrous, hypromellose, titanium dioxide E171, macrogols type 400, hydroxypropyl cellulose, talc, macrogols type 3350 and polysorbate 80. Sugar-free.

**NORVIR® Oral Powder:** Each sachet of oral powder contains 100mg of ritonavir.

Other ingredients include copovidone, sorbitan laurate, and colloidal anhydrous silica.

Sugar-free.

## **PHARMACOLOGICAL CLASSIFICATION**

A 20.2.8 – Antiviral agents

## **PHARMACOLOGICAL ACTION**

### ***Pharmacodynamic Properties***

Ritonavir is a peptidomimetic inhibitor of the HIV-1 and HIV-2 aspartyl proteases. Inhibition of HIV protease renders the enzyme incapable of processing the *gag-pol* polyprotein precursor and leads to the production of HIV particles with immature morphology that are unable to initiate new rounds of infection. Ritonavir has selective

affinity for the HIV protease and has little inhibitory activity against human aspartyl proteases.

*In vitro* data indicate that ritonavir is active against all strains of HIV tested in a variety of transformed and primary human cell lines. The concentration of ritonavir that inhibits 50 % and 90 % of viral replication *in vitro* in plasma-free surroundings is approximately 0,02 µm and 0,11 µm, respectively. Similar potencies were found with both AZT-sensitive and AZT-resistant strains of HIV. Studies which measured direct cell toxicity of ritonavir on several cell lines, showed no direct toxicity at concentrations up to 25 µm, with a resulting *in vitro* therapeutic index of at least 1000.

Ritonavir-resistant isolates of HIV-1 have been selected *in vitro*. The resistant isolates showed reduced susceptibility to ritonavir and genotypic analysis showed that the resistance was attributable primarily to specific amino acid substitutions in the HIV-1 protease at codons V82F, I84V, A71V and M46I. Phenotypic and genotypic changes in HIV isolates from selected patients treated with ritonavir were monitored in Phase I/II trials. Serial genotypic and phenotypic analysis indicated that susceptibility to ritonavir declined in an ordered and stepwise fashion. Initial mutations occurred at positions 82 (Val to Ala/Phe), 54 (Ile to Val), 71 (Ala to Val/Thr) and 36 (Ile to Leu), followed by combinations of mutations at an additional 5 specific amino acid positions. Viral strains isolated *in vivo* without a change at codon 82 did not have decreased susceptibility to ritonavir. The 82 mutation appeared to be necessary but not sufficient to confer phenotypic resistance. Phenotypic resistance was defined as a greater than or equal to five fold decrease in viral sensitivity *in vitro*

from baseline. The clinical relevance of phenotypic and genotypic changes associated with ritonavir therapy has not been established.

The potential for HIV cross-resistance between protease inhibitors has not been fully explored. Therefore, it is unknown what effect ritonavir therapy will have on the activity of concordantly or subsequently administered protease inhibitors. Serial HIV isolates obtained from six patients during ritonavir therapy showed a decrease in ritonavir susceptibility *in vitro* but did not demonstrate a concordant decrease in susceptibility to saquinavir *in vitro* when compared to matched baseline isolates. However, isolates from two of these patients demonstrated decreased susceptibility to indinavir *in vitro* (8-fold). Isolates from five patients were also tested for cross-resistance to amprenavir and nelfinavir; isolates from two patients had a decrease in susceptibility to nelfinavir (12 to 14-fold), and none to amprenavir. Cross-resistance between ritonavir and reverse transcriptase inhibitors is unlikely because of the different enzyme targets involved. One ZDV-resistant HIV isolate tested *in vitro* retained full susceptibility to ritonavir.

### ***Pharmacokinetic Properties***

In a single-dose pharmacokinetic study in HIV positive fasting male subjects, high levels of ritonavir were achieved and maintained for several hours after oral administration of 100 mg, 200 mg, 400 mg, 600 mg, 800 mg or 1000 mg of ritonavir. Area under the concentration-time curve (AUC) ranged from 3,92 to 123  $\mu\text{g}\cdot\text{h}/\text{mL}$ , respectively and the maximal concentration ( $C_{\text{max}}$ ) ranged from 0,416 to 12,7  $\mu\text{g}/\text{mL}$ . The pharmacokinetics of ritonavir was dose-dependant; with more than proportional increases in the AUC and  $C_{\text{max}}$  occurring with increasing dose. The time to maximum

concentration ( $T_{max}$ ) remained constant at approximately 2 – 4 hours with increasing dose. Renal clearance averaged less than 0,1 L/h and was relatively constant throughout the dosage range. There is no parenteral formulation of ritonavir therefore, the absolute bioavailability has not been determined.

After a single 600 mg dose under non-fasting conditions the 100 mg (n=57) soft gelatin capsule and the oral solution (n=18) formulations yielded mean  $\pm$  SD AUCs of  $121,7 \pm 53,8 \mu\text{g}\cdot\text{h}/\text{mL}$  and  $129,0 \pm 39,3 \mu\text{g}\cdot\text{h}/\text{mL}$ , respectively. Plasma concentrations of ritonavir after administration of a single 100 mg dose tablet are similar to the 100 mg soft gelatin capsule under fed conditions, as supported by the point estimates located within the 92,8 % CI. Area under the concentration-time curve (AUC) is  $3,7 \mu\text{g}\cdot\text{h}/\text{mL}$ , maximal concentration ( $C_{max}$ ) is  $0,44 \pm 0,29 \mu\text{g}/\text{mL}$ ,  $T_{max}$  is  $4,4 \pm 1,2 \text{ h}$ .

After administration of a single 100 mg dose under fed conditions, ritonavir AUC and  $C_{max}$  of the oral powder are bioequivalent to the oral solution.

Relative to fasting conditions, the extent of absorption of ritonavir from the soft gelatin capsule formulation was 12 % higher when administered with a meal. When the liquid formulation was given under fasting conditions, peak ritonavir concentrations increased 28 %, relative to non-fasting conditions.

Administration of a single 100 mg dose of ritonavir tablet with a moderate fat meal (857 kcal, 31 % calories from fat) or a high fat meal (907 kcal, 52 % calories from fat) was associated with a mean decrease of 20-23 % in ritonavir AUC and  $C_{max}$ .

Administration of ritonavir oral powder with a moderate fat meal (617 kcal, 29 % calories from fat) or a high fat meal (917 kcal, 60 % calories from fat) was associated with a mean decrease of 23-49 % in ritonavir AUC and  $C_{\max}$  relative to fasting conditions.

The clinical implications of these differences are not known.

The pharmacokinetics of ritonavir during multiple dose regimens were studied in non-fasting HIV positive adult volunteers. Upon multiple dosing, ritonavir accumulation is less than predicted from a single dose due to a time and dose-related increase in apparent clearance ( $Cl/F$ ). Trough concentrations of ritonavir were observed to decrease over time, possibly due to enzyme induction, but appeared to stabilize by the end of two weeks. At steady state with a 600 mg twice a day dose,  $C_{\max}$  and  $C_{\text{trough}}$  values of 11,2 and 3,7  $\mu\text{g/mL}$  were observed, respectively. The  $t_{1/2}$  of ritonavir was approximately three to five hours. The steady-state apparent clearance in patients treated with 600 mg twice a day has averaged  $8,8 \pm 3,2\text{L/h}$ .

No clinically significant differences in AUC or  $C_{\max}$  were noted between males and females. Ritonavir pharmacokinetic parameters were not statistically significantly associated with body weight or lean body mass.

The apparent volume of distribution ( $V_B/F$ ) of ritonavir is approximately  $0,41 \pm 0,25\text{ L/kg}$  after a single 600 mg dose. The protein binding of ritonavir in human plasma was noted to be approximately 98 to 99 %. Ritonavir binds to both human alpha 1-acid glycoprotein (AAG) and human serum albumin (HSA) with comparable affinities. Total plasma protein binding is constant over the concentration range of 1 to  $100\mu\text{g/mL}$ .

Tissue distribution studies with <sup>14</sup>C-labelled ritonavir in rats showed the liver, adrenals, pancreas, kidneys and thyroid to have the highest concentrations of ritonavir. Tissue to plasma ratios of approximately one measured in rat lymph nodes suggests that ritonavir distributes into lymphatic tissues. Ritonavir penetrates minimally into the brain.

Ritonavir was noted to be extensively metabolised by the hepatic cytochrome P450 system, primarily isozyme CYP3A and to a lesser extent CYP2D6. Animal studies as well as *in vitro* experiments with human hepatic microsomes indicated that ritonavir primarily underwent oxidative metabolism. Five ritonavir metabolites have been identified in man. The isopropylthiazole oxidation metabolite (M-2) is the major metabolite and has antiviral activity similar to that of ritonavir. However, the AUC of the M-2 metabolite was approximately 3 % percent of the AUC of ritonavir.

Human studies with radiolabelled ritonavir demonstrated that the elimination of ritonavir was primarily via the hepatobiliary system; approximately 86% of radiolabel was recovered in the stool. In these studies renal elimination was not found to be a major route of elimination of ritonavir.

Effects on Electrocardiogram: QTcF interval was evaluated in a randomized, placebo and active (moxifloxacin 400 mg once-daily) controlled crossover study in 45 healthy adults, with 10 measurements over 12 hours on Day 3. The maximum mean (95 % upper confidence bound) difference in QTcF from placebo was 5,5 (7,6) msec for 400 mg twice-daily ritonavir. The Day 3 ritonavir exposure was approximately 1,5 fold higher than that observed with the 600 mg twice-daily dose at steady state. No

subject experienced an increase in QTcF of  $\geq 60$  msec from baseline or a QTcF interval exceeding the potentially clinically relevant threshold of 500 msec. Modest prolongation of the PR interval was also noted in subjects receiving ritonavir in the same study on Day 3. Maximum PR interval was 252 msec and no second or third degree heart block was observed.

The pharmacokinetic profile of ritonavir in paediatric patients below the age of two years has not been established. Steady-state pharmacokinetics were evaluated in 37 HIV-infected patients ages 2 – 14 years receiving doses ranging from 250 mg/m<sup>2</sup> twice a day to 400 mg/m<sup>2</sup> twice a day. Across dose groups, ritonavir steady-state oral clearance was approximately 1,5 times faster in paediatric patients than in adult subjects. Ritonavir concentrations obtained after 350 to 400 mg/m<sup>2</sup> twice daily in paediatric patients were comparable to those obtained in adults receiving 600 mg (approximately 330 mg/m<sup>2</sup>) twice daily.

Renal Impairment: Currently, there are no data specific to this patient population. However, because ritonavir is highly protein it is unlikely that ritonavir will be significantly removed by haemodialysis or peritoneal dialysis.

Hepatic Impairment: In six HIV-infected adult subjects with mild hepatic insufficiency dosed with ritonavir 400 mg twice a day, ritonavir exposures were similar to control subjects dosed with 500 mg twice a day. Results indicate that dose adjustment is not required in patients with mild hepatic impairment. Adequate pharmacokinetic data are not available for patients with moderate hepatic impairment. Protein binding of ritonavir was not statistically significantly affected by mild or moderately impaired hepatic function.

## **INDICATIONS**

**NORVIR** is used as a pharmacokinetic enhancer of certain other antiretroviral protease inhibitors.

## **CONTRAINDICATIONS**

1. **NORVIR** is contraindicated in patients with known hypersensitivity to ritonavir or any of its formulation excipients.
2. When **NORVIR** is used as a pharmacokinetic enhancer of other protease inhibitors, consult the package insert of the co-administered protease inhibitor for contraindications.
3. Severe liver disease.
4. Antituberculosis regimens containing rifampicin.

**NORVIR** is principally metabolised and eliminated by the liver. Therefore, caution should be exercised when administering **NORVIR** to patients with impaired hepatic function.

*In vitro* studies have demonstrated that ritonavir is a potent inhibitor of many cytochrome P450 mediated biotransformations. Ritonavir is expected or has been shown to produce large increases in the plasma concentration of the medicines metabolised by cytochrome P450.

## **List of medicines that are contra-indicated with NORVIR**

<b>Medicine Class</b>	<b>Medicines within the Class that are contraindicated with NORVIR</b>
Alpha1-adrenoreceptor antagonist	alfuzosin HCL
Antidysrhythmics	amiodarone, bepridil, flecainide, propafenone, quinidine, encainide, digoxin
Antifungal	Voriconazole
Antipsychotic	blonanserin
Ergot Derivatives	dihydroergotamine, ergonovine, ergotamine, methylergonovine
GI Motility Agent	cisapride
Herbal Products	St Johns wort ( <u>hypericum perforatum</u> )
HMG-CoA Reductase Inhibitors:	lovastatin, simvastatin
Long acting beta-adrenoceptor agonist	salmeterol
Neuroleptic	pimozide
PDE5 inhibitor	sildenafil* only when used for the treatment of pulmonary arterial hypertension (PAH)
Sedative/hypnotics	midazolam, triazolam

## **WARNINGS AND SPECIAL PRECAUTIONS**

When **NORVIR** is used as a pharmacokinetic enhancer of other protease inhibitors, full details on the warnings relevant to that particular protease inhibitor should be

considered and the package insert for the particular protease inhibitor must be consulted.

NORVIR SEC contains Sugar, Sorbitol.

### *Allergic Reactions*

Allergic reactions including urticaria, skin eruptions, bronchospasm, and angioedema have been reported. Rare cases of anaphylaxis and Stevens-Johnson syndrome have also been reported.

### *Hepatic Reactions*

Hepatic transaminase elevations exceeding five times the upper limit of normal, clinical hepatitis and jaundice have occurred in patients receiving **NORVIR** alone or in combination with other antiretroviral medicines. There may be an increased risk for transaminase elevations in patients with underlying hepatitis B or C. Therefore, caution should be exercised when administering **NORVIR** to patients with pre-existing mild to moderate liver disease, liver enzyme abnormalities or hepatitis.

Increased AST/ALT monitoring should be considered in these patients during the first three months of **NORVIR** treatment. There have been reports of hepatic dysfunction, including fatalities, particularly in patients taking multiple concomitant medicines and/or with advanced AIDS. **NORVIR** is contraindicated in patients with severe hepatic insufficiency (see **CONTRAINDICATIONS**).

### *Pancreatitis*

Pancreatitis has been observed in patients receiving ritonavir therapy, including those who developed hypertriglyceridemia. In some cases fatalities have been observed. Patients with advanced HIV disease may be at increased risk of elevated triglycerides and pancreatitis. Pancreatitis should be considered if clinical symptoms (nausea, vomiting, abdominal pain) or abnormalities in laboratory values (such as increased serum lipase or amylase values) suggestive of pancreatitis should occur. Patients who exhibit these signs or symptoms should be evaluated and ritonavir therapy should be discontinued if a diagnosis of pancreatitis is made.

#### *Diabetes Mellitus/Hyperglycaemia*

New onset diabetes mellitus, exacerbation of pre-existing diabetes mellitus, and hyperglycaemia have been reported during post-marketing surveillance in HIV-infected patients receiving protease inhibitor therapy such as **NORVIR**. Some patients required either initiation or dose adjustment of insulin or oral hypoglycaemic medicines for treatment of these events. In some cases, diabetic ketoacidosis has occurred. Patients who discontinued protease inhibitor therapy, the hyperglycaemia persisted in some cases.

#### *Corticosteroids*

Concomitant use of **NORVIR** and fluticasone propionate can significantly increase fluticasone propionate plasma concentrations and reduce serum cortisol concentrations. Systemic corticosteroid effects including Cushing's syndrome and adrenal suppression have been reported when **NORVIR** has been co-administered

with inhaled or intranasally administered fluticasone propionate. Similar findings with concomitant administration of **NORVIR** and other inhaled corticosteroids that are metabolised similarly to fluticasone, such as budesonide, cannot be excluded. Particular caution should be used when administering **NORVIR** and any of these inhaled or intranasally administered glucocorticoids (see **INTERACTIONS**).

#### *PDE 5 Inhibitors*

Caution should be used when prescribing sildenafil, tadalafil or vardenafil for the treatment of erectile dysfunction or pulmonary hypertension in patients receiving **NORVIR**. Co-administration of **NORVIR** with these medicines is expected to increase their concentrations and may result in increased associated adverse events, such as hypotension and prolonged erection. Concomitant use of sildenafil with **NORVIR** is contraindicated in pulmonary arterial hypertension patients (see **CONTRAINDICATIONS**).

#### *Herbal Products*

Patients on **NORVIR** should not use products containing St. John's Wort (*Hypericum perforatum*) because co-administration may be expected to reduce plasma concentrations of ritonavir. This may result in loss of therapeutic effect and development of resistance (see **WARNINGS AND SPECIAL PRECAUTIONS** and **CONTRAINDICATIONS**).

#### *HMG-CoA Reductase Inhibitors*

The HMG-CoA reductase inhibitors simvastatin and lovastatin are highly dependent on CYP3A for metabolism, thus concomitant use of **NORVIR** with simvastatin or lovastatin is contraindicated due to an increased risk of myopathy including rhabdomyolysis.

Caution must be exercised and reduced doses should be considered if **NORVIR** is used concurrently with atorvastatin, which is metabolised to a lesser extent by CYP3A4. While rosuvastatin elimination is not dependent on CYP3A, an elevation of rosuvastatin exposure has been reported with **NORVIR** co-administration.

If treatment with an HMG-CoA reductase inhibitor is indicated, pravastatin or fluvastatin is recommended (see **TABLE 2**).

#### *Resistance/Cross-Resistance*

Varying degrees of cross-resistance among protease inhibitors have been observed. Continued administration of **NORVIR** therapy following loss of viral suppression may increase the likelihood of cross-resistance to other protease inhibitors.

The potential for HIV cross-resistance between protease inhibitors has not been fully explored. Therefore, it is unknown what effect **NORVIR** therapy will have on the activity of concordantly or subsequently administered protease inhibitors.

#### *Laboratory Tests*

**NORVIR** has been associated with alterations in triglycerides, ALT, AST, GGT, CPK and uric acid. Appropriate laboratory testing should be performed prior to initiating **NORVIR** therapy and at periodic intervals or if any clinical signs or symptoms occur during therapy. For comprehensive information concerning laboratory test alterations

associated with nucleoside analogues, medical practitioner should refer to the complete product information for each of these medicines.

### *Haemophilia*

There have been reports of increased bleeding, including spontaneous skin haematomas and haemarthroses, in patients with haemophilia type A and B treated with protease inhibitors. In some patients additional factor VIII was given. In more than half of the reported cases, treatment with protease inhibitors was continued or reintroduced. A causal relationship has been postulated, although a mechanism of action has not been established.

### *PR Interval Prolongation*

Ritonavir has been shown to cause modest asymptomatic prolongation of the PR interval in some patients. Reports of second or third degree atrioventricular block in patients with underlying structural heart disease and pre-existing conduction system abnormalities or in patients receiving medicines known to prolong the PR interval (such as verapamil or atazanavir) have been reported in patients receiving **NORVIR**. **NORVIR** should be used with caution in such patients.

### *Fat Redistribution*

Redistribution/accumulation of body fat including central obesity, dorsocervical fat enlargement (buffalo hump), peripheral wasting, breast enlargement and “cushingoid appearance” have been observed in patients receiving protease inhibitors.

### *Lipodystrophy and metabolic abnormalities*

Combination antiretroviral therapy has been associated with the redistribution accumulation of body fat including central obesity, dorso-cervical fat, enlargement, and elevated serum lipid and glucose levels in HIV patients.

Clinical examination should include evaluation for physical signs of fat redistribution. Patients with evidence of lipodystrophy should have a thorough cardiovascular risk assessment.

### *Immune Reconstitution Syndrome*

Immune reconstitution syndrome has been reported in HIV-infected patients treated with combination antiretroviral therapy. During the initial phase of combination antiretroviral treatment when the immune system responds, patients may develop an inflammatory response to asymptomatic or residual opportunistic infections (such as *Mycobacterium avium* infection, cytomegalovirus, *Pneumocystis jirovecii* (carinii) pneumonia or tuberculosis), which may necessitate further evaluation and treatment.

### *Osteonecrosis*

Although the aetiology is considered to be multifactorial (including corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index), cases of osteonecrosis have been reported, particularly in patients with advanced HIV-disease and/or long-term exposure to combination antiretroviral therapy (cART). Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in movement.

### *Opportunistic infections*

Patients receiving **NORVIR** should be advised that they may continue to develop opportunistic infections and other complications of HIV infection, and therefore they should remain under close observation by healthcare professionals experienced in the treatment of patients with associated HIV disease. Regular monitoring of viral load and CD4 counts needs to be done.

#### *The risk of HIV transmission to others*

Patients should be advised that current antiretroviral therapy, including [NORVIR], does not prevent the risk of transmission of HIV to others through sexual contact or blood contamination. Appropriate precautions should continue to be employed.

#### *Lipid Disorders*

Treatment with **NORVIR** therapy in combination with saquinavir has resulted in substantial increases in the concentration of total triglycerides and cholesterol. Triglyceride and cholesterol testing should be performed prior to initiating ritonavir therapy and at periodic intervals during therapy. Lipid disorders should be managed as clinically appropriate. See **TABLE 2** for additional information on potential medicine interactions with **NORVIR** and HMG-CoA Reductase Inhibitors (hypolipidemics).

**NORVIR** solution contains alcohol. It could be potentially harmful to those suffering from liver disease, alcoholism, epilepsy, brain injury or disease as well as for pregnant women.

#### *Geriatric Use*

Safety and efficacy has not been established in the elderly.

### *Driving and using machinery*

No studies on the effects on the ability to drive and use machines have been performed. As somnolence and dizziness are known undesirable effects, this should be taken into account when driving or using machinery.

## **INTERACTIONS**

Medicines which increase CYP3A activity (e.g. phenobarbitone, carbamazepine, dexamethasone, phenytoin, rifampicin and rifabutin) would be expected to increase the clearance of **NORVIR** resulting in decreased ritonavir plasma concentrations.

**NORVIR** has a high affinity for several cytochrome P450 (CYP) isoforms with the following ranked order: CYP3A4 > CYP2D6 > CYP2C9 > CYP2C19 >> CYP2A6, CYP1A2, CYP2E1. There is evidence that **NORVIR** may induce glucuronosyl transferase, CYP1A2, CYP2C9 and CYP2C19 enzymes. Decreased plasma concentrations of the other medicine and loss of therapeutic effects during **NORVIR** co-administration may signify the need for dosage alteration of these medicines.

In addition to the medicines listed in the **CONTRAINDICATIONS** section, **TABLE 2** summarises some commonly prescribed medicines, separated by the type of metabolism and expected magnitude of interaction when co-administered with **NORVIR**. Co-administration of **NORVIR** and medicines primarily metabolised by CYP3A may result in increased plasma concentrations of the other medicine, which could increase or prolong its therapeutic and adverse effects.

Careful monitoring of therapeutic and adverse effects is recommended when these medicines are concomitantly administered with ritonavir. Dosage reductions may be required for those medicines extensively metabolised by CYP3A.

Cardiac and neurologic events have been reported when **NORVIR** has been co-administered with disopyramide, mexiletine, nefazodone or fluoxetine. The possibility of interaction cannot be excluded.

<b>Medicine Class</b>	<b>Medicines within the Class that are contraindicated with NORVIR</b>	<b>Clinical Comments</b>
Alpha1-adrenoreceptor antagonist	alfuzosin HCL	Potential for hypotension.
Antidysrhythmics	amiodarone, bepridil, flecainide, propafenone, quinidine, encainide, digoxin	Potential for cardiac dysrhythmias.
Antifungal	Voriconazole	Significant decreases in voriconazole plasma concentrations may lead to loss of antifungal response.
Antipsychotic	blonanserin	May result in potential increase in frequency or intensity of known neurological or other toxicities associated with

		blonanserin.
Ergot Derivatives	dihydroergotamine, ergonovine, ergotamine, methylergonovine	Post-marketing reports of acute ergot toxicity characterized by vasospasm and tissue ischaemia have been associated with co-administration of ritonavir and ergonovine, ergotamine, dihydroergotamine, or methylergonovine.
GI Motility Agent	cisapride	Potential for cardiac dysrhythmias.
Herbal Products	St Johns wort ( <i>hypericum perforatum</i> )	Co-administration may lead to a decrease in ritonavir levels, and to loss of virologic response and possible resistance to ritonavir or to the class of protease inhibitors
HMG-CoA Reductase Inhibitors:	lovastatin, simvastatin	Potential for myopathy including rhabdomyolysis.
Long acting beta-adrenoceptor agonist	salmeterol	May result in potential increased risk of

		cardiovascular adverse events associated with salmeterol.
Neuroleptic	pimozide	Potential for cardiac dysrhythmias.
PDE5 inhibitor	sildenafil* only when used for the treatment of pulmonary arterial hypertension (PAH)	Increased potential for sildenafil-associated adverse events (which include hypotension and syncope).
Sedative/hypnotics	midazolam, triazolam	NORVIR is likely to produce large increases in these highly metabolized sedatives and hypnotics resulting in the potential for prolonged or increased sedation or respiratory depression.
*see Warnings and Medicine Interactions for co-administration of sildenafil in patients with erectile dysfunction.		

<b>TABLE 2</b>	
<b>Potential Effects on Medicines Co-administered with NORVIR</b>	
(Contraindicated Medications are listed in Column 1)	
<b>Medicine Category</b>	<b>Representative Medicines by Potential Interaction Category</b>

	Contra- indicated Medication	Large <sup>1</sup> ↑ (CYP3A)	Moderate <sup>1</sup> AUC <sup>2</sup> ↑ AUC <sup>2</sup> (CYP2D6)	Moderate <sup>1</sup> ↑ or ↓ (CYP2C9/19)	Possible AUC <sup>2</sup> ↓ AUC <sup>2</sup> (Unknown CYP)	Possible AUC <sup>2</sup> (glucu- ronidation)	↓
<b>Analgesics, narcotics</b>		Alfentanil Fentanyl	Hydrocodone Oxycodone Tramadol		Levamethadyl (LAAM)	Codeine Hydromorphone Meperidine* Methadone* Morphine	
<b>Analgesics, non- steroidal</b>				Diclofenac Flurbiprofen Ibuprofen Indomethacin Piroxicam	Nabumetone Sulindac	Ketoprofen Ketorolac Naproxen	
<b>Antidysrhythmic</b>	Amiodarone	Lidocaine	Disopyramide Mexiletine		Tocainide <sup>11</sup>		
	Encainide						
	Flecainide						
	Propafenone						
	Quinidine						
	Digoxin						
<b>Antiasthmatic</b>						Theophylline *	
<b>Antibiotic, macrolide</b>		Erythromycin	Clarithromycin *				
<b>Antibiotic, steroidal</b>		Fusidic acid					
<b>Anticonvulsant</b>		Carbamazepine	Clonazepan Ethosuximide		Phenobarbitone	Divalproex Lamotrigine Phenytoin	
<b>Antidepressant tricyclic</b>			Amitriptyline Clomipramine Desipramine* Imipramine Maprotiline Nortriptyline Trimipramine		Doxepin <sup>11</sup>		

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<b>Medicine Category</b>	<b>Representative Medicines by Potential Interaction Category</b>					
	<b>Contra- indicated Medication</b>	<b>Large<sup>1</sup> ↑ (CYP3A)</b>	<b>Moderate<sup>1</sup> ↑ AUC<sup>2</sup> (CYP2D6)</b>	<b>Moderate<sup>1</sup> ↑ or ↓ (CYP2C9/19)</b>	<b>Possible ↓ AUC<sup>2</sup> (Unknown CYP)</b>	<b>Possible AUC<sup>2</sup> (glucu- ronidation) ↓</b>
<b>Antidepressants SRIs and non- tricyclics</b>		Nefazodone Sertraline	Fluoxetine Paroxetine Trazodone* Venlafaxine		Fluvoxamine	Bupropion
<b>Antidiarrhoeal</b>						Diphenoxylate Loperamide
<b>Antiemetics Prokinetics</b>	Cisapride		Ondansetron		Prochlorperazine <sup>11</sup> Promethazine	Metaclopramide
<b>Antifungal agents</b>	voriconazole	Itraconazole Ketoconazole* Miconazole				
<b>Antihistamines</b>	Astemizole	Loratadine				
<b>Antihyper- tensive</b>		Bosentan		Losartan	Doxazosin <sup>11</sup> Prazosin <sup>11</sup> Terazosin <sup>11</sup>	
<b>Antimycobacterial</b>		Rifabutin*			Ethionamide Rifampicin	
<b>Antiparasitics</b>		Quinine		Proguanil	Albendazole Chloroquine Metronidazole Primaquine Pyrimethamine	Atovaquone
<b>Antipsychotics</b>	Blonanserin					
<b>Protein pump inhibitors</b>				Lansoprazole Omeprazole		

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(Contraindicated Medications are listed in Column 1)						
<b>Medicine Category</b>	<b>Representative Medicines by Potential Interaction Category</b>					
	<b>Contra- indicated Medication</b>	<b>Large<sup>1</sup> ↑ (CYP3A)</b>	<b>Moderate<sup>1</sup> ↑ AUC<sup>2</sup> (CYP2D6)</b>	<b>Moderate<sup>1</sup> ↑ or ↓ (CYP2C9/19)</b>	<b>Possible ↓ AUC<sup>2</sup> (Unknown CYP)</b>	<b>Possible AUC<sup>2</sup> (glucuronidation)</b> ↓
<b>B-blockers</b>			Metoprolol Penbutolol Pindolol Timolol	Propranolol	Betaxolol <sup>11</sup>	
<b>β2-agonist (long-acting)</b>	Salmeterol					
<b>Calcium channel blockers</b>	Bepidil	Amlodipine Diltiazem Felodipine Isradipine Nicardipine Nifedipine Nimodipine Nisoldipine Nitrendipine Verapamil				
<b>Cancer therapeutic agents</b>		Tamoxifen	Etoposide Paclitaxel Vinblastine Vincristine	Cyclophosphamide <sup>3</sup> Ifosfamide <sup>3</sup>	Daunorubicin <sup>11</sup> Doxorubicin <sup>11</sup>	
<b>Ergot alkaloids and derivatives</b>	Dihydroergotamine Ergotamine Methylergonovine <sup>11</sup>	Bromocriptine			Methysergide <sup>11</sup>	
<b>Haemorrhologic agent</b>					Pentoxifylline	

<b>TABLE 2</b>						
<b>Potential Effects on Medicines Co-administered with NORVIR</b>						
(Contraindicated Medications are listed in Column 1)						
<b>Medicine Category</b>	<b>Representative Medicines by Potential Interaction Category</b>					
	<b>Contra- indicated Medication</b>	<b>Large<sup>1</sup> ↑ (CYP3A)</b>	<b>Moderate<sup>1</sup> ↑ AUC<sup>2</sup></b>	<b>Moderate<sup>1</sup> ↓ AUC<sup>2</sup> (CYP2D6) ↑ or ↓ AUC<sup>2</sup> (CYP2C9/19)</b>	<b>Possible ↓ AUC<sup>2</sup> (Unknown CYP)</b>	<b>Possible AUC<sup>2</sup> (glucuronidation)</b> ↓
<b>Herbal Products</b>	St. John's Wort					
<b>HIV Antivirals</b>		Atazanavir Darunavir (fos) amprenavir Indinavir * Saquinavir * Tipranavir	Maraviroc		Nevirapine <sup>11</sup>	
<b>Hypo-glycaemics</b>				Glimepiride Glipizide Glyburide Tolbutamide		
<b>Hypolipidemics</b>	Lovastatin Simvastatin	Atorvastatin	Rosuvastatin		Gemfibrozil	Clofibrate
<b>Immuno-suppressants</b>		Cyclosporine Everolimus Tacrolimus Sirolimus (rapamycin)				
<b>Neuroleptics</b>	Pimozide		Chlorpromazine Haloperidol Perphenazine Risperidone			Clozapine
<b>PDE5 inhibitor</b>	Sildenafil Sildenafil indicated indicated for PAH	Sildenafil indicated for ED for Tadalafil Vardenafil				

TABLE 2						
Potential Effects on Medicines Co-administered with NORVIR						
(Contraindicated Medications are listed in Column 1)						
Medicine Category	Representative Medicines by Potential Interaction Category					
	Contra- indicated Medication	Large <sup>1</sup> ↑ (CYP3A)	Moderate <sup>1</sup> ↑ AUC <sup>2</sup> (CYP2D6)	Moderate <sup>1</sup> ↑ or ↓ (CYP2C9/19)	Possible ↓ AUC <sup>2</sup> (Unknown CYP)	Possible AUC <sup>2</sup> (glucuronidation) ↓
<b>Sedative/ hypnotics</b>	Midazolam	Buspirone	Clorazepate			Lorazepam
	Triazolam		Diazepam			Oxazepam
			Estazolam			Propofol
			Flurazepam			Temazepam
			Zolpidem			
<b>Steroids</b>		Dexamethasone	Prednisone			Ethinyl
		Fluticasone*				Estradiol*
<b>Stimulants</b>			Dexfenfluramine		Methylphenidate	
			Methamphetamine			

<sup>1</sup> Large = > 3X; Moderate = 1.5-3X

<sup>2</sup> AUC = area under the plasma concentration-time curve, a measure of medicine exposure.

<sup>3</sup> An increase in the AUC of cyclophosphamide and ifosfamide, both activated by CYP, may correspond to a decrease in the AUC of the active metabolite (s) and a possible decrease in efficacy of these medicines.

<sup>11</sup> A possible increase in concentration is more likely when combined with ritonavir

\* Clinical medicine interaction study has been performed

**Alprazolam:** Co-administration of alprazolam with **NORVIR** resulted in a statistically significant decrease in mean alprazolam C<sub>max</sub> values (16 %) but not in mean AUC values (12 %).

**Amprenavir:** Literature reports have shown that concentrations of the HIV-protease inhibitor, amprenavir are increased when co-administered with **NORVIR**.

**Bosentan:** Co-administration of bosentan and **NORVIR** may increase steady-state bosentan maximum concentrations ( $C_{max}$ ) and area-under-the-curve (AUC). Refer to the bosentan package insert for prescribing information.

**Bupropion:** Bupropion is primarily metabolised by CYP2B6. Concurrent administration of bupropion with repeated doses of **NORVIR** is expected to decrease bupropion levels.

**Buspiron:** Buspiron is primarily metabolised by CYP3A4. Concurrent administration of buspiron and **NORVIR** is expected to substantially elevate buspiron levels.

**Clarithromycin:** the concomitant administration of **NORVIR** 200 mg every eight hours and clarithromycin 500 mg every 12 hours resulted in a marked inhibition of the metabolism of clarithromycin. The clarithromycin  $C_{max}$  increased by 31 %,  $C_{min}$  increased by 182 % and AUC increased by 77 % with essentially complete inhibition of the formation of 14-[R]-hydroxy-clarithromycin. No dosage reduction should be necessary in patients with normal renal function. For patients with  $CL_{CR}$  30 to 60 mL/min the dose of clarithromycin should be reduced by 50 %. For patients with  $CL_{CR} < 30$  mL/min the dose of clarithromycin should be decreased by 75 %. Doses of clarithromycin greater than 1 gram per day should not be co-administered with **NORVIR**.

**Delavirdine:** Delavirdine is an inhibitor of CYP3A-mediated metabolism. In a published study, concurrent administration of clinical doses of delavirdine 400 mg three times daily with **NORVIR** 600 mg twice daily (n=12 HIV-infected patients) was reported to increase steady-state ritonavir  $C_{max}$  AUC by approximately 50 % and  $C_{min}$  by about 75 %. Based on comparison to historical data, the pharmacokinetics of delavirdine did not appear to be effected by **NORVIR**. When used in combination with delavirdine, a dose reduction of **NORVIR** should be considered.

**Desipramine:** Co-administration of **NORVIR** with desipramine resulted in a 145 % mean increase in the AUC of desipramine. Dosage reduction of desipramine should be considered in patients taking the combination.

**Didanosine:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 600 mg every 12 hours and didanosine (ddl) 200 mg every 12 hours resulted in a reduction of the ddl steady-state  $C_{max}$  and AUC of 16 % and 13 %, respectively. In contrast, little if any effect was noted in **NORVIR** pharmacokinetics. Dose alteration of ddl during concomitant **NORVIR** therapy should not be necessary; however, dosing of the two medicines should be separated by 2.5 hours to avoid formulation incompatibility.

**Digoxin:** A literature report has shown that coadministration of **NORVIR** (300 mg every 12 hours) and digoxin resulted in significantly increased digoxin levels. Caution should be exercised when coadministration **NORVIR** with digoxin, with appropriate monitoring of serum digoxin levels.

**Disulfiram/Metronidazole:** **NORVIR** solution and soft gelatine capsules contain ethanol (43 % and 12 % respectively), therefore, concomitant administration of **NORVIR** and disulfiram or medicines with disulfiram-like reactions (e.g. metronidazole) should be avoided.

**Efavirenz:** In healthy volunteers receiving 500 mg **NORVIR** twice daily with efavirenz 600 mg once daily, the steady state AUC of efavirenz was increased by 21 %. An associated increase in the AUC of **NORVIR** of 17 % was observed.

**Fluticasone propionate:** Concomitant use of **NORVIR** and fluticasone propionate may increase concentrations of fluticasone propionate. Use with caution. Consider alternatives to fluticasone propionate, particularly for long-term use (see **WARNINGS and SPECIAL PRECAUTIONS**).

**Fusidic acid:** Co-administration of **NORVIR** with fusidic acid is expected to significantly increase fusidic acid and ritonavir concentrations in plasma.

***Hypericum perforatum* (St. John's Wort):** Patients on **NORVIR** should not concomitantly use products containing St. John's Wort (*Hypericum perforatum*) since it may be expected to result in reduced plasma concentrations of ritonavir. This effect may be due to induction of CYP3A4 and may result in the loss of therapeutic effect and development of resistance (see **CONTRAINDICATIONS and WARNINGS and SPECIAL PRECAUTIONS**).

**Indinavir:** **NORVIR** inhibits the CYP3A-mediated metabolism of indinavir. In healthy subjects, 200 to 400 mg of **NORVIR** twice daily given with a single 400 mg to 600 mg indinavir dose increased the indinavir AUC by 185 to 475 %,  $C_{max}$  21 % to 110 % and  $C_{min}$  11 to 33-fold, relative to 400 and 600 mg indinavir given alone. Concomitant administration of 400 mg **NORVIR** and 400 mg of indinavir twice daily with a meal yielded a similar indinavir AUC, a 4-fold increase in  $C_{min}$  and a 50 to 60 % decrease in  $C_{max}$  as compared to those resulting from administration of indinavir 800 mg three times daily under fasting conditions. Co-administration of **NORVIR** with indinavir will result in increased indinavir serum concentrations. There is limited safety or efficacy data available on the use of this combination in patients. The risk of nephrolithiasis may be increased when doses of indinavir equal to or greater than 800 mg twice daily are given with **NORVIR**. Adequate hydration and monitoring of the patients is warranted.

**Ketoconazole:** Concomitant administration of **NORVIR** (500 mg q12h) and ketoconazole (200 mg q6h) resulted in an increase of mean ketoconazole  $AUC_{24}$  and  $C_{max}$  by 244 % and 55 %, respectively. The mean half-life of ketoconazole increased from 2.7 to 13.2 h. Mean  $AUC_{24}$  and  $C_{max}$  of ritonavir increased by 18 and 10 % respectively. No dosage adjustment of **NORVIR** is necessary; however doses of ketoconazole 200 mg/day or greater should be used with caution in combination with **NORVIR** and a decreased dosage may be considered.

**Methadone:** Coadministration of **NORVIR** with methadone is expected to decrease methadone concentrations. A dosage increase of methadone may be considered.

**Nelfinavir:** Interactions between **NORVIR** and nelfinavir are likely to involve both cytochrome P450 inhibition and induction. Concurrent **NORVIR** 400 mg twice daily significantly increases the concentrations of M8 (the major active metabolite of nelfinavir) and results in a smaller increase in nelfinavir concentrations. In a study in ten patients nelfinavir 750 mg and **NORVIR** 400 mg twice daily yielded slightly higher nelfinavir AUC (160 %),  $C_{max}$  (121 %) and  $C_{trough}$  (123 %) than historical data for nelfinavir 750 mg three times daily monotherapy. The AUC of M8 was increased by 347 %.

**Oral contraceptive, patch contraceptive or implants:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 500 mg every 12 hours and a fixed-combination oral contraceptive resulted in reductions of the ethinyl estradiol mean  $C_{max}$  and mean AUC by 32 % and 40 %, respectively. Increased doses of oral contraceptives or patch contraceptives containing ethinyl estradiol, or alternate methods of contraception, should be considered.

**Rifabutin:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 500 mg every 12 hours and rifabutin resulted in an approximate 4 fold and 35 fold increase in the AUC of rifabutin and its active metabolite 25-O-deacetyl rifabutin, respectively. The significance of this interaction has been confirmed in clinical trials. Dosage reduction of rifabutin by at least three-quarters of the usual dose of 300 mg/day is recommended (e.g. 150 mg every other day or three times a week). Further dosage reduction may be necessary.

**Saquinavir:** A pharmacokinetic study demonstrated that **NORVIR** extensively inhibits the metabolism of saquinavir resulting in greatly increased saquinavir plasma concentrations. Following approximately four weeks of a combination regimen of saquinavir (400 or 600 mg twice a day) and **NORVIR** (400 or 600 mg twice a day) in HIV-infected patients, saquinavir AUC values were at least 17-fold greater than historical AUC values from patients who received saquinavir 600 mg three times a day without **NORVIR**. When used in combination therapy for up to 24 weeks, doses greater than 400 mg twice a day of either **NORVIR** or saquinavir were associated with an increase in adverse events.

**Sildenafil, Tadalafil & Vardenafil:** Caution should be used when prescribing sildenafil, tadalafil or vardenafil for the treatment of erectile dysfunction in patients receiving **NORVIR**. Co-administration of **NORVIR** with these medicines is expected to increase their concentrations and may result in increased associated adverse events, such as hypotension and prolonged erection. Concomitant use of sildenafil with **NORVIR** is contraindicated in pulmonary arterial hypertension patients (see **CONTRAINDICATIONS**).

**Sulfamethoxazole/trimethoprim:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 500 mg every 12 hours and sulfamethoxazole/trimethoprim resulted in a 20 % reduction of the sulfamethoxazole AUC and a 20 % increase of the trimethoprim AUC. Dose alteration of sulfamethoxazole/trimethoprim during concomitant ritonavir therapy should not be necessary.

**Theophylline:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 500 mg every 12 hours and theophylline resulted in a 43 % decrease in the AUC of theophylline. An increased dosage of theophylline may be required.

**Tobacco:** Tobacco use is associated with an 18 % decrease in the AUC of **NORVIR**.

**Trazodone:** Concomitant use of **NORVIR** and trazodone may increase concentrations of trazodone. Adverse events of nausea, dizziness, hypotension and syncope have been observed. If trazodone is used with a CYP3A4 inhibitor such as **NORVIR**, the combination should be used with caution and a lower dose of trazodone should be considered.

**Vincristine, Vinblastine:** Serum concentrations may be increased when co-administered with **NORVIR** resulting in the potential for increased incidence of adverse events.

**Voriconazole:** A study has shown that co-administration of **NORVIR** 400 mg every 12 hours decreased voriconazole steady-state AUC by an average of 82 %; therefore, co-administration of these medicines are contraindicated (see **CONTRAINDICATIONS**).

**Warfarin:** Anticoagulant metabolism may be induced, resulting in decreased concentrations of warfarin.

**Zidovudine:** A pharmacokinetic study demonstrated that the concomitant administration of **NORVIR** 300 mg every 6 hours and zidovudine (AZT) 200 mg every 8 hours resulted in a reduction of the zidovudine  $C_{max}$  and AUC of 27 % and 25 %, respectively. In contrast, little if any effect was noted on **NORVIR** pharmacokinetics. Dose alteration of AZT during concomitant ritonavir therapy should not be necessary.

Medicine	Effect on Ritonavir			
	Ritonavir Dosage	n	AUC % (95 CI)	$C_{max}$ % (95 CI)
Clarithromycin 500 mg every 12 hours 4 days	200 mg every 8 hours 4 days	22	↑ 12 % (2, 23 %)	↑ 15 % (2, 28 %)
Didanosine 200 mg every 12 hours 4 days	600 mg every 12 hours 4 days	12	↔	↔
Fluconazole 400 mg day 1, 200 mg daily 4 days	200 mg every 6 hours 4 days	8	↑ 12 % (5, 20 %)	↑ 15 % (7, 22 %)
Fluoxetine 30 mg every 12 hours 8 days	600 mg single dose	16	↑ 19 % (7, 34 %)	↔

<b>TABLE 3</b>				
<b>Effect on AUC and C<sub>max</sub> of Co-administration of NORVIR with Other Medicines</b>				
Medicine	Effect on Ritonavir			
	Ritonavir Dosage	n	AUC % (95 CI)	C <sub>max</sub> % (95 CI)
Rifampin 600 mg or 300 mg daily 10 days <sup>1</sup>	500 mg every 12 hours	7,9*	↓ -35 % (7, 55 %)	↓ -25 % (-5, 46 %)
	20 days			
Zidovudine 200 mg every 8 hours 4 days	300 mg every 6 hours	10	↔	↔
	4 days			

<sup>1</sup> Preliminary data

↑ Indicates increase

↓ Indicates decrease

↔ Indicates no change

\* Parallel group design; entries are subjects receiving combination and control regimens, respectively.

## PREGNANCY AND LACTATION

**NORVIR** is contraindicated in pregnancy and lactation, as safety has not been established.

### *Carcinogenesis and Mutagenesis*

Long-term carcinogenicity studies of **NORVIR** in animal systems have not been completed. **NORVIR** was not found to be mutagenic or clastogenic.

## DOSAGE AND DIRECTIONS FOR USE

**NORVIR** solution, soft gelatin capsules and tablets are administered orally and should preferably be given with food.

## **ADULTS**

When **NORVIR** is used as a pharmacokinetic enhancer for another antiretroviral protease inhibitor, the package insert of the particular protease inhibitor should be consulted.

### ***Paediatric Patients***

**NORVIR** should be used in combination with other antiretroviral medicines. The recommended dosage of **NORVIR** is 400 mg/m<sup>2</sup> of body surface area twice daily by mouth and should not exceed 600 mg twice daily. **NORVIR** should be started at 250 mg/m<sup>2</sup> and increased at two to three day intervals by 50 mg/m<sup>2</sup> twice daily. If patients do not tolerate the maximum daily dose due to adverse events, the highest tolerated dose should be used for maintenance therapy in combination with other antiretroviral medicines. When possible, dose should be administered using a calibrated dosing syringe.

The recommended dose of **NORVIR** oral powder by mouth should either be sprinkled on soft food such as apple sauce or dessert pudding or mixed with a suitable liquid such as water, chocolate milk, or infant formula.

#### **For doses of 100, 200, 300, 400, 500, 600 mg:**

- Either sprinkle entire contents of each packet/sachet over soft food (such as apple sauce or vanilla pudding) or mix with small amount of liquid (such as water, chocolate milk, or infant formula) and consume entire contents.
- Once the powder is mixed, the dosage must be consumed within 2 hours.

#### **Doses less than 100 mg or partial doses between 100 mg increments:**

- Mix 1 packet/sachet of oral powder (100 mg) with 9,4 mL of liquid (such as water, chocolate milk, or infant formula) in a mixing cup.
- Once mixed, use an oral dosing syringe to measure and administer the prescribed volume
- Once the powder is mixed, the dosage must be consumed within 2 hours.
- Discard any mixture remaining in the mixing cup.

<b>PAEDIATRIC DOSAGE GUIDELINES</b>				
<b>Body Surface Area (m<sup>2</sup>)*</b>	<b>Twice daily dose 250 mg/m<sup>2</sup></b>	<b>Twice daily dose 300 mg/m<sup>2</sup></b>	<b>Twice daily dose 350 mg/m<sup>2</sup></b>	<b>Twice daily dose 400 mg/m<sup>2</sup></b>
0,25	0,8 mL (62.5 mg)	0,9 mL (75 mg)	1,1 mL (87,5 mg)	1,25 mL (100mg, one soft gelatine capsule)
0,50	1,6 mL (1.25 mg)	1,9m L (150 mg)	2,2 mL (175 mg)	2,5 mL (200mg, two soft gelatine capsules)
1,00	3,1 mL (250 mg)	3,75 mL (300 mg)	4,4 mL (350 mg)	5,0 mL (400mg, four soft gelatine capsules)
1,25	3,9 mL (312.5 mg)	4,7 mL (375 mg)	5,5 mL (437,5 mg)	6,25 mL (500mg, five soft gelatine capsules)
1,50	4,7 mL (375 mg)	5,6m L (450 mg)	6,6 mL (525 mg)	7,5 mL (600mg, six soft gelatine capsules)

\* **Body Surface Area** can be calculated with the following equations:

$BSA (m^2) = \sqrt{\frac{\text{Height (cm)} \times \text{Weight (kg)}}{3600}}$	<b>OR</b>	$BSA (m^2) = \left[ \frac{\text{Height (cm)} \times \text{Weight (kg)}}{3600} \right]^{1/2}$
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The bitter taste of the **NORVIR** liquid formulation or oral powder may be lessened if mixed with chocolate milk.

## **SIDE EFFECTS**

When **NORVIR** is used as a pharmacokinetic enhancer with other protease inhibitors, full details on the side effects and special precautions relevant to that particular protease inhibitor should be considered, therefore the package insert for that particular protease inhibitor must be consulted.

### *Adverse reactions*

The most frequent reported clinical adverse events, other than asthenia, among patients receiving ritonavir were gastrointestinal and neurological disturbances including nausea, diarrhoea, vomiting, anorexia, abdominal pain, taste perversion and circumoral and peripheral paraesthesias.

Adverse events at least possibly, probably or of unknown relationship to ritonavir are displayed by system organ class and frequency (very common  $\geq 1/10$ ; common  $\geq 1/100$ ,  $< 1/10$ ) in **TABLE 4** below. Where frequency data is not available in adverse events occurring in less than 2 % of patients the term “less frequently” is used.

**TABLE 4**

**TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
Infections and infestations		Common	Pharyngitis
Blood and the lymphatic system disorders		Uncommon	Anaemia, ecchymosis, leukopenia, lymphadenopathy, lymphocytosis, thrombocytopenia
Immune system disorders		Common	Allergic reactions
Endocrine disorders		Uncommon	Diabetes mellitus
Metabolism and nutrition disorders		Very common  Common	Anorexia, hyperlipaemia, weight loss  Avitaminosis, cachexia, dehydration, oedema, glycosuria, gout, hypercholesterolaemia, peripheral oedema, redistribution/accumulation of body fat (see <b>WARNINGS AND SPECIAL PRECAUTIONS</b> )
Psychiatric disorders		Very common  Common	Anxiety, insomnia  Agitation, confusion, depression, emotional lability, euphoria, hallucinations, decreased libido, nervousness, personality disorder, abnormal thinking
Nervous system disorders		Very common	Circumoral paraesthesia, headache, peripheral paraesthesia, taste

**TABLE 4****TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
		Common	perversion  Dizziness, hyperaesthesia, paraesthesia, somnolence
		Uncommon	Abnormal dreams, amnesia, aphasia, ataxia, convulsion, grand mal convulsion, inco-ordination, neuralgia, neuropathy, paralysis, parosmia, peripheral neuropathy, peripheral sensory neuropathy, taste loss, tremor, visual field defect
Eye disorders		Common	Abnormal vision, amblyopia/blurred vision, blepharitis, diplopia, eye pain, iritis, photophobia, uveitis
Ear and labyrinth disorders		Uncommon	Ear pain, hearing impairment, increased cerumen, tinnitus, vertigo
Cardiac disorders		Uncommon	Palpitation, syncope

**TABLE 4****TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
Vascular disorders		Common	Haemorrhage, hypotension, migraine, peripheral vascular disorder, postural hypotension, tachycardia
Respiratory, thoracic and mediastinal disorders		Very common	Increased cough
		Uncommon	Asthma, dyspnoea, epistaxis, hiccup, hypoventilation, interstitial pneumonia, lung disorder and rhinitis
Gastrointestinal disorders		Very Common	Abdominal pain, diarrhoea, nausea, vomiting
		Common	Dry mouth, dyspepsia, eructation, flatulence, local throat irritation, mouth ulcer
		Uncommon	Abdomen enlarged, abnormal stools, bloody diarrhoea cheilitis, colitis, constipation, dysphagia, oesophagitis, gastritis, gastroenteritis, gastrointestinal

**TABLE 4**

**TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
			disorder, gastrointestinal haemorrhage, gingivitis, ileitis, oral moniliasis, pancreatitis, periodontal abscess, rectal disorder, tenesmus, thirst
Hepato-biliary disorders		Common	Cholangitis, hepatitis, hepatomegaly, liver damage
Skin and subcutaneous tissue disorders		Very Common	Macropapular rash, pruritus, rash, sweating
		Common	Acne, contact dermatitis, dry skin, eczema, facial oedema, folliculitis, molluscum contagiosum, photosensitivity reaction, psoriasis, seborrhoea, urticaria, vesiculobullous rash
Musculoskeletal, connective tissue and bone disorders		Very Common	Myalgia
		Common	Arthralgia, arthrosis, back pain, facial

**TABLE 4****TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
			pain, joint disorder, muscle cramps, muscle weakness, myositis, neck pain, neck rigidity, twitching
Renal and urinary disorders		Common	Dysuria, haematuria, kidney calculus, kidney failure, kidney pain, nocturia, polyuria, pyelonephritis, urethritis, urinary frequency, urinary retention
Reproductive system and breast disorders		Uncommon	Impotence, penis disorder
General disorders and administration site conditions		Very common	Asthenia
		Common	Fever, pain
		Uncommon	Abnormal gait, chest pain, chills, flu syndrome, malaise, substernal chest pain
Investigations		Common	Abnormal liver function tests
		Uncommon	Abnormal electro-oculogram, abnormal

**TABLE 4**  
**TREATMENT-EMERGENT ADVERSE EVENTS OCCURRING IN PATIENTS RECEIVING RITONAVIR AND WITH POSSIBLE, PROBABLE OR UNKNOWN RELATIONSHIP TO RITONAVIR IN PHASE II/III COMBINED STUDIES**

<b>ORGAN CLASSIFICATION</b>	<b>CLASS</b>	<b>FREQUENCY</b>	<b>ADVERSE EVENT</b>
			electroretinogram, altered hormone level
Injury and poisoning		Uncommon	Accidental injury, hypothermia
Surgical and medical procedures		Common	Vasodilation

*Post-Marketing Experience*

**Nervous system disorders:** There have been post-marketing reports of seizure. Cause and effect relationship has not been established.

**Metabolism and nutrition disorders:** Dehydration, usually associated with gastrointestinal symptoms, and sometimes resulting in hypotension, syncope or renal insufficiency has been reported. Syncope, orthostatic hypotension and renal insufficiency have also been reported without known dehydration.

**Cardiac disorders:** Myocardial infarction has been reported.

**Reproductive system and breast disorders:** Menorrhagia has been reported.

*Laboratory determinations*

Data below was obtained from Phase II/III combined studies for clinical chemistry and haematology variables in adult patients who exceeded extreme limit criteria. The variables are listed below in the order of highest to lowest frequency within each category.

***Chemistry:***

Liver function tests:

Increased gamma-glutamyl transpeptidase (GGT) (> 300 IU/L) in 102 (12 %) patients;

Increased aspartate aminotransferase (**AST**) (> 180 IU/L) and alanine aminotransferase (ALT) (> 215 IU/L) in 37 (4 %) and 53 (6 %) of patients, respectively;

Increased total bilirubin (> 3,6 mg/dL) in 11 (1 %) patients;

Increased alkaline phosphatase (> 550 IU/L) in 10 (1 %) patients;

Decreased albumin (< 2 g/dL) in 2 (<1 %) patients

***Other clinical chemistry tests:***

Increased creatine phosphokinase (CPK) (> 1000 IU/L) in 71 (8 %) patients;

Increased triglycerides (> 1500 mg/dL) in 69 (7 %) patients;

Increased amylase (> 2 x upper limit of normal range) in 20 (2 %) patients;

Increased uric acid (> 12 mg/dL) in 20 (2 %) patients;

Decreased potassium (< 3 mEq/L) in 15 (2 %) patients and increased potassium (> 6 mEq/L) in 5 (<1 %) patients;

Increased serum magnesium (> 2,9 mEq/L) in 10 (1 %) patients and decreased serum magnesium (< 1,0 mEq/L) in 5 (<1 %) patients;

Decreased total serum calcium ( $< 6,9$  mEq/L) in 8 (1 %) patients and increased total serum calcium ( $> 12,6$  mEq/L) in 1 ( $<1$  %) patient;

Increased glucose level ( $> 250$  mg/dL) in 6 (1 %) patients and decreased glucose level ( $< 40$ mg/dL) in 1 ( $<1$  %) patient;

Increased lactate dehydrogenase ( $> 1170$  IU/L) in 5 ( $<1$  %) patients;

Increased serum chloride ( $> 122$  mEq/L) in 4 ( $<1$  %) patients and decreased serum chloride ( $< 84$  mEq/L) in 1 ( $<1$  %) patient;

Increased serum sodium ( $> 157$  mEq/L) and decreased serum sodium ( $< 123$  mEq/L) in 2 ( $<1$  %) patients each;

Increased creatinine ( $> 3,6$  mg/dL) in 1 ( $<1$  %) patient;

Increased inorganic phosphorus ( $> 7,0$  mg/dL) in 1 ( $<1$  %) patient

***Haematology:***

Decreased white blood cell (WBC) count ( $< 2,5 \times 10^9$ /L) in 146 (16 %) patients and increased WBC count ( $> 25 \times 10^9$ /L) in 8 (1 %) patients;

Decreased red blood cell (RBC) count ( $< 3,0 \times 10^{12}$ /L) in 89 (9.5 %) patients;

Decreased haematocrit ( $< 30$  %) in 77 (8 %) patients;

Decreased haemoglobin ( $< 8$  g/dL) in 23 (3 %) patients;

Decreased neutrophil count ( $< 0,5 \times 10^9$ /L) in 25 (3 %) patients and increased neutrophil count ( $> 20 \times 10^9$ /L) in 9 (1 %) patients;

Increased eosinophil count ( $> 1,0 \times 10^9$ /L) in 15 (2 %) patients;

Decreased platelet count ( $< 20 \times 10^9$ /L) in 4 ( $<1$  %) patients;

Increased prothrombin time ( $> 1,5 \times$  ULN) in 6 (1 %) patients;

Increased activated partial thromboplastin time ( $> 2,3 \times$  ULN) in 3 ( $<1$  %) patients

## **KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT**

Human experience of acute overdose with **NORVIR** is limited. One patient in clinical trials took **NORVIR** 1500 mg/day for two days and reported paresthesias which resolved after the dose was decreased. A post-marketing case of renal failure with eosinophilia has been reported with **NORVIR** overdose.


### ***Management of Overdosage:***

There is no specific antidote for overdose with **NORVIR**. Treatment of overdose with **NORVIR** should consist of general supportive measures including monitoring of vital signs and observation of the clinical status of the patient. It is proposed that management of overdose could also entail administration of activated charcoal. Since **NORVIR** is extensively metabolised by the liver and is highly protein bound, dialysis is unlikely to be beneficial in significant removal of the medicine.

## **IDENTIFICATION**

**NORVIR SEC 100 mg**: White, oblong capsules printed with the "Abbott logo", "DS" and 100 in black ink. The soft gelatin capsule contains a clear liquid essentially free of particles.

**NORVIR 80 mg/mL**: A practically clear, orange solution with a peppermint and caramel odour.

**NORVIR 100 mg Tablet**: White, ovaloid film-coated tablet debossed with Abbott logo "" and "NK" on one side.

**NORVIR oral powder:** The powder is beige to slightly yellow to yellow in colour.

Reconstituted powder with water: When reconstituted with water the colour may range from white to yellow.

## **PRESENTATION**

**NORVIR SEC 100 mg:** The soft gelatin capsules are available in high density polyethylene (HDPE) bottles containing 84 capsules.

**NORVIR 80 mg/mL:** Available in amber coloured bottles containing 90 mL and 225 mL. A dosage cup containing graduations at 3, 75 mL (300 mg dose), 5 mL (400 mg dose), 6,25 mL (500 mg dose) and 7,5 mL (600 mg dose) is provided.

**NORVIR 100 mg Tablet:** The 30 or 60-count film-coated tablets are available in a white high density polyethylene (HDPE) bottles, closed with a white polypropylene caps consisting of an induction inner seal.

**NORVIR oral powder:** 30 aluminium foil lacquer-laminate single-use, white sachets per carton. The aluminium foil is laminated with Polyethylene terephthalate to low density polyethylene

The carton also contains a mixing cup and 10 mL calibrated oral dosing syringe.

Syringe Assembly, Oral Dosing, 10 mL (Polypropylene barrel and piston, Silicone sealing ring, and 0, 2 mL printed graduation markings).

Mixing Cup with Cap, Molded 20mL (Polypropylene cup with High Density Polyethylene lid).

## STORAGE INSTRUCTIONS

**NORVIR SEC 100 mg** soft gelatin capsules should be stored in the refrigerator at 2 - 8°C until they are dispensed. Refrigeration by the patient is not required if used within 30 days and stored below 25 °C.

**NORVIR 80 mg/mL** solution should be stored at room temperature (20 – 25 °C). Shake well before each use. **DO NOT REFRIGERATE**. Use within 30 days of dispensing.

**NORVIR 100 mg Tablet** should be stored at room temperature (below 30 °C). Keep the bottle tightly closed.

**NORVIR oral powder** should be stored at room temperature (at or below 30 °C). Avoid exposure to excessive heat. The reconstituted powder must be consumed within 2 hours.

Both the soft gelatin capsule and solution formulations should be stored in their original container and protected from excessive heat and freezing.

The oral dosing syringe and mixing cup should be cleaned immediately with warm water and soap after use. When cleaned immediately, medicine residue is removed.

The oral dosing syringe and mixing cup should be dry prior to use.

## KEEP OUT OF REACH OF CHILDREN.

## REGISTRATION NUMBER

<b>NORVIR SEC 100 mg</b> soft elastic capsules	34/20.2.8/0175
<b>NORVIR 80 mg/mL</b> solution	31/20.2.8/0217

**NORVIR 100 mg Tablets**

44/20.2.8/0128

**NORVIR ORAL POWDER**

51/20.2.8/0154

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:**

AbbVie (Pty) Limited

Abbott Place,

219 Golf Club Terrace

1709, Constantia Kloof

**DATE OF PUBLICATION OF THIS PACKAGE INSERT:**

Date on the registration certificate of the medicine:

**NORVIR 80 mg/mL** : 09 July 1997

**NORVIR SEC 100 mg** : 30 July 2000

**NORVIR 100 mg Tablet** : 11 June 2015

**NORVIR oral powder** : 25 September 2018

Date of the most recently package insert as approved by council

25 September 2018

1ULN=upper limit of the normal range