

Amendment date: 12 April 2019
Approved: 26 June 2019

1 **1.3.2 Patient Information Leaflet (clean)**
2

3 Please read this leaflet carefully, before you start using this medicine

- 4 • Keep this leaflet. You may need to read it again
- 5 • If you have further questions, please ask your doctor or your pharmacist.
- 6 • This medicine has been prescribed for you personally and you should not share
7 your medicine with other people. It may harm them, even if their symptoms are
8 the same as yours.

9

10 S2

11 **Uricon[®]** tablets

12

13 **WHAT URICON[®] CONTAINS**

14 The active substance in one tablet is:

15 Trospium chloride 20 mg

16

17 Other ingredients are:

18 Calcium carbonate (E170), carmellose sodium, carnauba wax, croscarmellose
19 sodium, iron oxide hydrate (E172), lactose monohydrate, macrogol 8000,
20 microcrystalline cellulose, povidone, silica colloidal anhydrous, stearic acid, sucrose,
21 talc, titanium dioxide (E171), wheat starch and white bees wax.

22

23 **WHAT URICON[®] IS USED FOR**

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24 **Uricon**[®] tablets are used to treat the symptoms of overactive bladder conditions. For
25 example, needing to go to the toilet frequently, needing to suddenly rush to the toilet
26 and/or having difficulty getting there in time and wetting yourself.

27

28 **BEFORE YOU TAKE URICON**[®]

29 **Do not take Uricon**[®]:

- 30 • if you have ever had allergic reactions to any of the ingredients listed above – this
31 can be a rash, itchiness or shortness of breath.
- 32 • if you suffer from any of the following:
- 33 • urinary retention i.e. urination occurs less frequently than before;
- 34 • an eye condition: glaucoma;
- 35 • abnormal/faster than normal heartbeats;
- 36 • myasthenia gravis (a disorder which causes muscle fatigue);
- 37 • A severe gastro-intestinal condition, such as toxic megacolon.

38

39 Do **NOT** give this product to children under the age of 12 years of age.

40

41 You should speak to your Healthcare Professional before taking **Uricon**[®] if you:

42 Suffer from any of the following:

- 43 • any type of stomach or bowel obstruction;
- 44 • a blockage of the urinary tract;
- 45 • neuropathy i.e. nerve damage;
- 46 • a hiatus hernia associated with reflux oesophagitis. This is usually associated
47 with heartburn which worsens on bending or lying down;

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- 48 • an overactive thyroid.
- 49 • any heart conditions, such as coronary artery disease or congestive heart failure.
- 50 • any liver problems.
- 51 • any kidney problems

52

53 **Take SPECIAL CARE in the following cases:**

54 **Uricon**[®] tablets contain wheat starch.

55 If you suffer from wheat allergy (different from coeliac disease) you should not take
56 this product. **Uricon**[®] is suitable for patients with coeliac disease.

57

58 **Uricon**[®] contains sucrose and lactose. If you have been told by your doctor that you
59 have intolerance to some sugars, please contact your healthcare professional before
60 taking **Uricon**[®].

61

62 **Pregnancy or lactation:**

63 If you are pregnant or breastfeeding your baby while taking this medicine please
64 consult your doctor, pharmacist or other healthcare professional.

65

66 **Using other medicines at the same time:**

67 If you are taking other medicines on a regular basis, including complementary or
68 traditional medicines, the use of **Uricon**[®] with these medicines may cause
69 undesirable interactions.

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71 Please consult your doctor, pharmacist or other healthcare professional for advice

72 before taking any of the following medicines:

- 73 • amantadine (used in the treatment of Parkinson's disease or as protection against
74 influenza)
- 75 • tricyclic antidepressants.
- 76 • A 'sympathomimetic' (one of a class of drugs which can increase the heart rate).
- 77 • Metoclopramide (a drug which increases the rate of movement of digested food
78 through your gastro-intestinal system).
- 79 • Guar gum (sometimes used in a type of diabetes).
- 80 • Cholestyramine or colestipol (drugs used to reduce the levels of certain fats in
81 your bloodstream).

82

83 If you are unsure of the types of medicines you are taking, ask your doctor or
84 pharmacist.

85

86 **HOW TO TAKE URICON®**

87 Always take **Uricon®** tablets exactly as your doctor has instructed you. You should
88 confirm with your doctor or pharmacist if you are unsure.

89 The usual dose of adults is one tablet twice a day, taken by mouth. Doctors may
90 prescribe different doses to this. For example, patients with kidney problems may
91 take a reduced dose of one tablet per day or one tablet every second day.

92 The tablets should be swallowed whole with a glass of water, before meals on an
93 empty stomach. If you have the impression that the effect of **Uricon®** is too strong or
94 too weak, talk to your doctor or pharmacist.

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95 **This product should not be taken by children under 12 years of age**

96

97 **What should you do if you forget to take a dose?**

98 If you miss a dose, take it as soon as you remember and then carry on as before. Do
99 not take a double dose.

100

101 **What should you do if you take too many?**

102 It is always important to follow the recommended dose on the label. If too many
103 tablets are taken by accident, contact your healthcare professional immediately.

104

105 **POSSIBLE SIDE EFFECTS**

106 Along with its desirable effects, a medicine may have some unwanted effects. This
107 product may cause a dry mouth, indigestion, constipation, abdominal pain, nausea
108 and/or flatulence. Other effects known to occur rarely include urinary disorders, and
109 increased heart rate, eye disorders (especially in patients with uncorrected
110 farsightedness), diarrhoea, difficulty breathing, skin rashes, weakness, chest pain,
111 muscle pain, joint pain, skin swelling, an increase in liver enzyme levels, an acute
112 allergic reaction (rash, itchiness or shortness of breath), headache or dizziness.

113

114 *Contact your doctor or pharmacist immediately if you experience a rash, itchiness of*
115 *difficulty in breathing as these may indicate an allergy to the product. If you suffer*
116 *from these or any other problems and think your medicine may be causing them, tell*
117 *your healthcare professional.*

118

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119 **STORAGE AND DISPOSAL OF AGIOBULK®**

120 How **Uricon®** tablets should be stored:

121 KEEP THIS AND ALL MEDICINES OUT OF THE REACH OF CHILDREN.

122 Do not use this medicine after the expiry date printed on the container.

123 Do not share medicines prescribed for you with others.

124 Store below 25 °C.

125

126 **Disposal of this medicine:**

127 Return all unused medicine to your pharmacist.

128 Do not dispose of unused medicine in drains or sewerage systems.

129

130 **PRESENTATION OF URICON®**

131 Packs of 30, 60 and 120 blister packed tablets.

132

133 **PRODUCT APPEARANCE OF URICON®**

134 Brownish-yellow, polished, sugar-coated tablets.

135

136 **REGISTRATION NUMBER**

137 35/18/0406

138

139 **NAME AND ADDRESS OF REGISTRATION HOLDER**

140 XIXIA PHARMACEUTICALS (PTY) LTD

141 Building 6

142 Greenstone Hill Office Park

Applicant: TAKEDA (PTY) LTD to XIXIA PHARMACEUTICALS (PTY) LTD
(Transfer of Applicancy)
Product Name: URICON
Dosage form and strength: Each tablet contains 20,0 mg tropium chloride

MODULE 1
1.3.2

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143 Emerald Boulevard

144 Modderfontein

145 1645

146

147 **DATE OF PUBLICATION**

148 To follow